
The body: a phenomenological psychological perspective

Course summary

The body has traditionally been treated as a biological object in psychology. However, is there more to our bodies than that? Some psychologists recognise that we relate to other people and the world about us through our body. This free course, *The body: A phenomenological psychological perspective*, explores the theoretical perspective on embodiment: the phenomenological psychological perspective.

Learning outcomes

By completing this course, the learner should be able to:

- demonstrate an understanding of fundamental aspects of the theory and methodology underpinning phenomenological psychology
- critique simplistic mind–body, individual–social and agency–structure dualisms and appreciate how the body, self and society are interconnected
- describe how phenomenological psychologists conceptualise the body.

Completed study

The learner has completed the following:

Section 1

Embodiment

Section 2

Identity and the body

Section 3

Phenomenological accounts

Statement of participation

Marina Lazo

has completed the course including any mandatory tests for:

The body: a phenomenological psychological perspective

This 15-hour course explored, from a psychological perspective, how we relate to other people and the world about us through our body.

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This statement does not imply the award of credit points nor the conferment of a University Qualification. This statement confirms that this free course and all mandatory tests were passed by the learner.

Please go to the course on OpenLearn for full details:

<https://www.open.edu/openlearn/society-politics-law/sociology/the-body-phenomenological-psychological-perspective/content-section-0>

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